

## MONTHLY BOARD MEETING MINUTES

July 19, 2013

### **Mental Health Board**

#### **Members in Attendance**

Buckman, Rick  
Meade, Pat  
O'Meara, Janet  
Schauer, Steve  
Thickens, Theresa  
Wesp, Daniel

#### **Staff and Guests**

Abrahamson, Twylla  
Bauman, Maureen  
Dickinson, Will  
Jones, Janna  
Moser, Katrina

#### **Absent Members**

Behrens, Sharon  
Cleveland, Cheryl  
Holmes, Jim  
Williams, Jessica

#### **Welcome and Introductions**

Janet O'Meara, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 3:05 p.m. No introductions were made.

#### **❖ Board Protocol (Non-Board Member Participation) – Not read**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
  - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
  - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
  - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
  - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
  - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
  - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

#### **Secretary/Treasurer's Report**

**Approval of the June 24, 2013 Regular Board Meeting Minutes** – Approved minutes as distributed.

**Approval of Treasurer's Reports** – \$1,500 - Amount budgeted for Fiscal Year 2012-13.

1. Expenditures for the month of June include: \$63.21 - catered meals. As of June 30, 2013, the end balance is \$503.92 and is accepted as presented.
2. \$1,500 – Amount budgeted for Fiscal Year 2013-14. Expenditure for the month of July includes: \$4.22 – postage. End balance of \$1,495.78 and is accepted as presented.

#### **Standing Committee Reports**

- ❖ Alcohol and Drug Committee – Dan Wesp
  - Information covered in the annual retreat/workshop.

- ❖ Quality Improvement Committee – Theresa Thickers reported on behalf of Jessica Williams
  - In process of reviewing material on educationally related mental health. Plan on meeting with staff to review and interpret data in the next few weeks.
  - Refinement of the resource card with the hotline crisis numbers as well as the Spanish version of the card.
  - Continue to work with staff to review the various audits.
  - Maureen Bauman shared that she was invited to meet with the Placer Fire Chiefs. Interest in dealing, as a first responder, with potential suicides or suicide attempts. The resource cards will be taken to the chiefs for a wider distribution.
- ❖ Children's Committee – Theresa Thickers reported on behalf of Sharon Behrens
  - The committee is working on educationally mental health review.
- ❖ Adult Services Committee – Janet O'Meara
  - The committee continues to fine tune what's been learned about outreach and engagement and identified a couple sources outside Placer County.

#### **BOS-Representative** - None

#### **Correspondence and Announcements** –

- Received a request from Herman DeBose, member of the Los Angeles County Mental Health Alcohol and Drug Board, who is also a member of the California Association of Local Mental Health Boards and Commissions (CALMHBC), requesting detailed information on board members in order to create a roster by county of all members of the 58-County Mental Health Commissions.
  - If CALMHBC has information they would like to disseminate, it can be directed through the MHADB email address or through Maureen Bauman.

#### **Director's Report** (Distributed in Board packet)

- ❖ Maureen Bauman reported on the following and provided a written Director's Report:
  - The Campaign for Community Wellness' statewide effort will require some commitment of local dollars if we want to continue.
  - The MHSA 2013-14 Plan is drafted.
    - Post for 30 days.
    - Expected to go to Board of Supervisors in late September.
    - The MHADB will hold a public hearing either in August or September (subsequent to 30-day post).
  - Put the MHSA Plan back on the agenda for monthly updates.
  - Reviewed the Steering Committee's process. Innovation Programs happen for three years; the law requires 20% of the dollars are placed in Prevention and Early Intervention (locally), 5% of dollars are for Innovation, and the remaining dollars in Community Services and Supports.
  - Program changes begin FY 2014-15.
  - Crisis services – there's an increasing number of 5150s; it increases each year. ASOC is up to 2,600 people that are being assessed per year. Plan to enhance the out-client program.
  - New dollars available for Crisis Residential, Crisis Stabilization Units, and Mobile Crisis Response Teams.
  - Laura's Laws - Yolo County will be the second county to implement.

#### **Unfinished Business**

- ❖ Recruitment (*Standing Agenda Item*)
  - Dan Wesp may have a law enforcement officer who will attend MHADB meetings.
  - Identified a need for more consumer and family members.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
  - Pat Meade reported that she took over the Placer County Mental Health Collective website and is actively soliciting consumer membership on behalf of the MHADB.
  - Recovery Happens Event takes place Saturday, September 21, 2013 at the Auburn Area Recreation Park from 10:00 – 2:00. Includes attendance by the Hip Hop Congress, drug and Alcohol providers, and various speakers.

- ❖ Directing Change Public Service Announcements (PSA) – Review and Acknowledging the Creators [Action Item]
  - Theresa Thickers sits on the policy work group for the Student Mental Health for CalMHSA. One of the mental health board's representatives had their supervisors prepare a resolution, acknowledging the kids' participation.
  - Presented the idea to write a personal letter to each of the winners with a copy to the principal.
  - Consensus to write letters to those who won the regional award.

**Theresa Thickers proposed writing two letters, one to the students and one to the principals acknowledging the creators, Rick Buckman seconded. Motion Carried.**

  - Theresa Thickers volunteered to write the letters.
- ❖ Status on Purchase of Table and Sign (Board Agreed to \$300 or Less)
  - Not discussed.

### **New Business**

- ❖ MHADB Overall Focus for 2013-14
  - During the annual retreat/workshop, the committees identified their three goals and the Board, as a whole, identified guest speakers for the next fiscal year.
- ❖ Year End Statistics: Program Data for Mental Health and Alcohol and Drug
  - Topic delayed until all information for the year has been received.

### **Board Member Comments**

- ❖ Theresa Thickers checked in on the committees' due date for the annual report.
  - Reports are to be to Sharon Behrens by August 15<sup>th</sup> for review.

### **Public Input**

- ❖ Katrina Moser introduced herself. Feels the suicide prevention information is very helpful. Ms. Moser, reflecting back to when she was in high school, receiving a letter from a Board would have meant a lot to her. She feels the letter, giving the kids recognition, will have a huge impact on their self-esteem.

### **Adjournment**

- The meeting was adjourned at 4:06 p.m.
- Monday, August 12, 2013 at 10:30 a.m. is next Executive Committee meeting (ASOC).
- Monday, August 26, 2013 is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

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Secretary/Treasurer, Mental Health, Alcohol and Drug Board